

# SHININGWORLD

## NEWSLETTER

SEPTEMBER 2018

HELLO, EVERYONE!

from Sundari

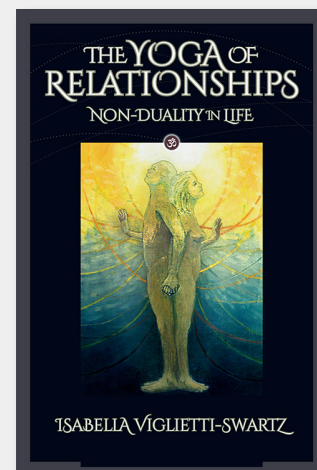
### THE YOGA OF RELATIONSHIPS

MY BOOK *The Yoga of Relationships* is finally here!!! Of course it's not "my book" – *Isvara* gets all the credit, particularly in the form of lots of invaluable assistance from my dear husband. Even though we have only advertised it on the website, we are getting great feedback from around the world.

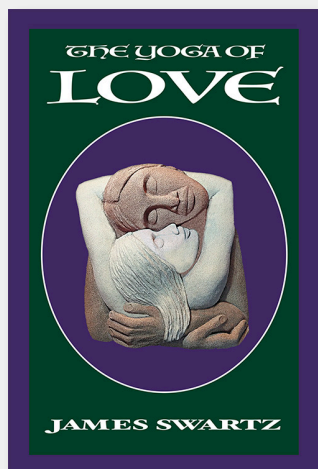
Our relationships with others are contextualized by our relationship with our conditioning, our environments and the Self, the non-dual love that we are. This book examines the psycho-spiritual factors that cause relationships to succeed and fail, and offers a common-sense path to fulfilling relationships with ourselves and others.

Although relationships have been exhaustively covered in psychological and spiritual literature, it is a seminal book that will appeal to seekers and worldly people alike because to our knowledge no one has analyzed love relationships in light of the

non-dual teachings of Vedanta. It will be helpful for those who are seeking intimate relationships, those who are struggling with them and those seeking to be intimate with themselves, insofar as all relationships are relationships with the Self. *The Yoga of Love*, available on the website, is a great companion read!



*The Yoga of Relationships: Non-Duality in Life* by Sundari.



*The Yoga of Love* by James.

- *The Yoga of Relationships*, ShiningWorld book shop:  
[<paperback>](#), [<eBook>](#)  
*The Yoga of Relationships*, Amazon book department:  
[<Amazon.com>](#), [<Amazon.ca>](#), [<Amazon.co.uk>](#)
- *The Yoga of Love*, ShiningWorld book shop:  
[<paperback>](#), [<eBook>](#) 🌀



## WE HAVE A BASE IN SPAIN!

ON SEPTEMBER 21 we are slated to take possession of this lovely 200-year-old villa 35 minutes from Malaga, with an attached olive mill which will be converted to a seminar venue. We hope to offer a seminar there in May or June 2019. Keep an eye on the Events section of the website for more news! 🌟

## 100 NEW SATSANGS

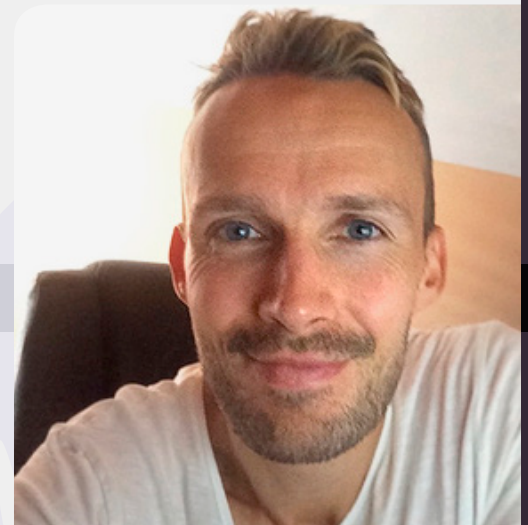
ALTHOUGH THERE ARE 3,609 *satsangs* on the website, which amounts to over 10,000 pages of practical Q&A, James and I have just posted about 100 more of the most interesting recent ones. Rory Mackay and our usual writers have also contributed. We are gradually going through them with the idea of publishing a book of *satsangs*. If you have favourites bookmarked in your browser, please send them to James <[swartz.jb@gmail.com](mailto:swartz.jb@gmail.com)> so we can consider them for the book.

If you are a know-it-all and think that you have a leg-up on other inquirers, but are surprised when your most excellent “teaching” puts people off, read *Wiggle Room*. If you are still unclear about deep sleep, the waking-state entity and *nirvikalpa samadhi*, read *Nirvikalpa Samadhi and Deep Sleep*. James’ favourite, which he wrote a few days ago, entitled *The Dream Aspect of the Waking State*, deals with the projections that happen when the mind is in *pratibhasika satyam*, the subjective reality. Please read *A Morning Practice*, an excellent meditation, contributed by Rod Hunsaker. And for those of you who are interested in the role of the brain in Self-inquiry, we recommend *Knowledge and Experience: Energy and the Self*. <[Here is the link](#)> to the *satsang* section. 🌟



## A NEW WRITER

RORY MACKAY IS an accomplished writer who has contributed to ShiningWorld for several years. He is equally happy to give weekend seminars <[amoyaan@yahoo.co.uk](mailto:amoyaan@yahoo.co.uk)>. 🌟



Rory Mackay.

## ABOUT US (IF YOU'RE INTERESTED)

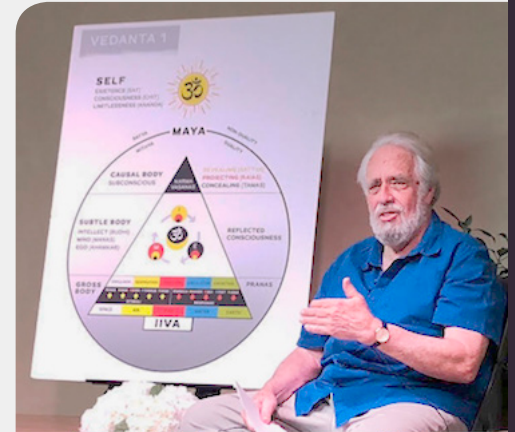


James in Trout Lake, Washington.

IT HAS BEEN a while since you have heard from us and, as usual, not much has changed even though a lot has been happening. We are back in South Africa after an extremely busy U.S. summer. Keep an eye on the website for the 140-hour video offering of the *Bhagavad Gita* that the indefatigable Ramji taught in Carbondale and the amazing Trout Lake video of the *Mandukya Upanishad* and Gaudapada's *Karika*.

I never cease to be amazed at his stamina as he selflessly imparts these priceless teachings! We are both well, taking a much-needed break before our next seminar in Cape Town on October 4. A good number of foreign inquirers will join an enthusiastic South African group in this world-class city.

[<Here is the link>](#). 🌀



James in Carbondale, Colorado.

## ❧ OM AND PREM ❧



Sundari and James.